

November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Lasagna, Green Beans, Roll, Fruit, Milk or Water Corn Dog, Potato Chips, Fruit, Milk or Water Milk or Bottled Water	2 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	3 Chicken Express Tenders/Waffles, Fruit, Milk or Water Milk or Bottled Water	4 Hot Pockets, Potato Chips, Fruit, Milk or Water BBQ Brisket Baked Potato, Baked Beans, Fruit, Milk or Water Milk or Bottled Water	5
6	7 Hamburger/Cheeseburger, Chips, Fruit, Milk or Water	8 Deconstructed Tacos, Refried Beans, Fruit, Milk or Water	9 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	10 Chicken Express Chicken Tenders, Mashed Potatoes, Roll, Fruit, Milk or Water	11 Grilled Cheese Sandwich, Tomato Soup Fruit Milk or Water	12
13	14 Beef Cubes over Rice, Corn, Fruit, Milk or Water Corn Dog, Potato Chips, Fruit, Milk or Water	15 Spaghetti with Meat Sauce, Green Beans, Roll, Fruit, Milk or Water	16 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	17 Chicken Express Chicken Tenders, Mac & Cheese, Roll, Fruit, Milk or Water	18 Nachos w/Taco Meat, Refried Beans, Fruit, Milk or Water	19
20	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY	23 THANKSGIVING HOLIDAY	24 THANKSGIVING HOLIDAY	25 THANKSGIVING HOLIDAY	26
27	28 Hamburger/Cheeseburger, Chips, Fruit, Milk or Water	29 Deconstructed Tacos, Refried Beans, Fruit, Milk or Water	30 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water			