

October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Hot Dogs, Chile, Potato Chips, Fruit, Milk & Water Milk or Bottled Water	4 Spaghetti with Meat Sauce, Green Beans, Roll, Fruit, Milk or Water Milk or Bottled Water	5 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	6 Chicken Express Chicken Tenders, Mac & Cheese, Roll, Fruit, Milk or Water Milk or Bottled Water	7 BBQ Brisket Baked Potato, Baked Beans, Fruit, Milk or Water Corn Dog , Potato Chips, Fruit, Milk or Water Milk or Bottled Water	8
9	10 Hamburger/Cheeseburger, Chips, Fruit, Milk or Water Milk or Bottled Water	11 Lasagna, Green Beans, Roll, Fruit, Milk or Water Corn Dog , Potato Chips, Fruit, Milk or Water Milk or Bottled Water	12 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	13 Chicken Express Tenders/ Waffles, Fruit, Milk or Water Milk or Bottled Water	14 Corn Dog , Potato Chips, Fruit, Milk or Water Frito Pie, Buttery Corn, Fruit Milk or Water Milk or Bottled Water	15
16	17 Corn Dog , Potato Chips, Fruit, Milk or Water Milk or Bottled Water	18 Deconstructed Tacos, Refried Beans, Fruit, Milk or Water Milk or Bottled Water	19 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	20 Chicken Express Chicken Tenders, Mashed Potatoes, Roll, Fruit, Milk or Water Milk or Bottled Water	21 No School! Teacher In Service	22
23	24 Hamburger/Cheeseburger, Chips, Fruit, Milk or Water Milk or Bottled Water	25 Spaghetti with Meat Sauce, Green Beans, Roll, Fruit, Milk or Water Milk or Bottled Water	26 Cheese Pizza, Veggies, Fruit, Milk or Water Pepperoni Pizza, Veggies, Fruit, Milk or Water Milk or Bottled Water	27 Chicken Express Chicken Tenders, Mac & Cheese, Roll, Fruit, Milk or Water Milk or Bottled Water	28 Nachos w/Taco Meat, Refried Beans, Fruit, Milk or Water Milk or Bottled Water	29

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 BLT Sandwich, Chips, Fruit, Milk or Water Turkey and Cheese Sandwich, Chips, Fruit, Milk or Water Milk or Bottled Water					